

# MEDALLAS DE ORO EN CAMPEONATOS DE ESPAÑA DE INVIERNO

		50 SF	100 SF	400 SF	800 SF	1500 SF	4x100	4x200	50 AP	100 IM	400 IM	800 IM	50 BF.	100 BF.
1986	JÚNIOR	Arrasate 15,16 marzo	M	J.Mangado	J.Hernandez		I.Iturrioz	Catalana	Catalana	I.Iturrioz	M. Martínez	I.Iturrioz		
			F	00:51,41	04:07,10		16:07,64	03:34,08	08:15,33	00:23,23	01:01,07	04:19,64		
		M.Armendia	S.Diaz		M.Saludes	Catalana	Catalana	M.Armendia	M.Armendia	M.Saludes				
	F	00:59,27	04:37,92		19:30,87	03:59,38	08:49,66	00:22,69	00:58,47	05:20,73				
1986	SÉNIOR	Arrasate 15,16 marzo	M	I.Egido	R.Ceballos		G.Mir	Catalana	Catalana	J.Gomez	J.L.Cobos	J.L.Cobos		
			F	00:48,31	03:57,87		15:53,51	03:18,42	07:20,26	00:19,25	00:50,34	04:45,15		
		P.García	P.Garcia		P.Garcia	Catalana	Catalana	R.Zarraoa	R.Zarraoa	R.Zarraoa				
	F	00:52,67	04:02,41		15:49,25	03:44,01	08:11,44	00:24,32	00:59,11	04:49,84				
1987	JÚNIOR	Madrid 28,29 marzo	M	J.D.Saenz	R.Pantoja		I.Iturrioz	Madrileña	Madrileña	I.Iturrioz	R.Galvez	I.Iturrioz		
			F	00:51,59	04:09,95		15:26,64	03:32,20	07:52,75	00:21,50	00:55,82	04:12,00		
		N.Avalos	Y.Miron		E.Fernandez	Madrileña	Catalana	B.Fernandez	B.Fernandez	B.Fernandez				
	F	00:57,24	04:31,32		18:48,31	03:56,04	08:45,13	00:23,53	00:57,36	05:21,95				
1987	SÉNIOR	Madrid 28,29 marzo	M	J.Gómez	J.Pla			Murciana	Catalana	J.Gomez	J.Gomez	J.M.Campillo		
			F	00:45,12	03:55,31			03:14,69	07:22,44	00:17,59	00:44,56	04:12,78		
		P.García	P.Garcia		P.Garcia	Madrileña	Madrileña	M.Armendia	I.Mendicute	I.Mendicute				
	F	00:50,84	03:56,80		15:38,93	03:40,98	08:13,08	00:22,66	00:51,04	04:32,91				
1988	JÚNIOR	Pamplona 09,10 abril	M	E.Rodríguez	O.Soaz		O.Soaz	Murciana	Murciana	R.Galvez	R.Galvez	R.Galvez		
			F	00:50,47	04:02,08		16:14,92	03:31,49	07:58,96	00:20,81	00:52,64	04:31,76		
		C.Churruca	B.Bernus		B.Bernus	Vasca	Catalana	I.Flores	B.Rodriguez	A.Osinaga				
	F	00:56,82	04:28,00		18:28,53	03:54,58	08:49,22	00:24,40	00:59,60	05:00,56				
1988	SÉNIOR	Pamplona 09,10 abril	M	J.Gómez	I.Iturrioz		I.Iturrioz	Vasca	Catalana	J.Gómez	J.Gómez	I.Iturrioz		
			F	00:44,74	03:43,24		15:21,48	03:13,40	07:28,85	00:18,64	00:43,46	03:51,81		
		I.Mendicute	M.Vidal		M.Vidal	Vasca	Vasca	I.Mendicute	I.Mendicute	M.Saludes				
	F	00:52,40	04:00,74		16:08,42	03:35,34	08:03,26	00:22,13	00:51,50	04:36,64				
1989	JÚNIOR	Alicante 04,05 marzo	M	J.Pujalte	M.Iturrioz		M.Iturrioz	Catalana	Catalana	O.Soaz	E.Guillen	O.Soaz		
			F	00:48,97	04:01,54		16:09,93	03:28,52	07:55,41	00:26,06	00:53,70	04:19,77		
		C.Martínez	C.Martínez		C.Martínez	Catalana	Catalana	A.Osinaga	A.Osinaga	A.Osinaga				
	F	00:55,94	04:25,28		17:49,56	03:50,61	08:46,74	00:24,40	00:58,84	04:55,46				
1989	SÉNIOR	Alicante 04,05 marzo	M	P.Monge	I.Iturrioz		I.Iturrioz	Vasca	Catalana	J.L.Cobos	J.L.Cobos	A.Guitart		
			F	00:45,91	03:46,81		15:09,22	03:18,84	07:24,06	00:20,21	00:46,94	03:46,02		
		M.Armendia	M.Vidal		M.Vidal	Catalana	Vasca	M.Armendia	M.Armendia	M.Saludes				
	F	00:52,04	03:59,37		16:05,18	03:46,19	08:27,96	00:21,66	00:50,27	04:42,70				
1990	JÚNIOR	Barcelona 17,18 marzo	M	A.Melero			S.Martinez	Vasca	Vasca		P.Etxeveste	S.Martinez		
			F	00:50,64			16:43,92	03:32,38	08:00,26		00:50,56	04:37,71		
		D.Navas			X.Pallares	Catalana	Catalana		D.Navas	N.Bertran				
	F	00:52,83			17:01,98	03:44,76	08:22,21		00:55,47	04:54,11				
1990	SÉNIOR	Barcelona 17,18 marzo	M	D.Soaz	D.Soaz		D.Soaz	Murciana	Vasca	J.L.Cobos	J.L.Cobos	I.Iturrioz		
			F	00:44,42	03:39,95		15:04,19	03:11,12	07:04,66	00:19,54	00:45,43	04:00,67		
		M.Vidal	M.Vidal		M.Vidal	Catalana	Catalana	M.Armendia	M.Armendia	B.Bernus				
	F	00:50,52	03:51,26		15:35,41	03:35,63	08:01,04	00:22,19	00:51,08	04:33,38				

# MEDALLAS DE ORO EN CAMPEONATOS DE ESPAÑA DE INVIERNO

		50 SF	100 SF	400 SF	800 SF	1500 SF	4x100	4x200	50 AP	100 IM	400 IM	800 IM	50 BF.	100 BF.
1991	JÚNIOR	Ordizia 09,10 marzo	M	U.Mezquiriz	S.Martinez	S.Martinez	Vasca		B.Zabala	B.Zabala	S.Martinez			
			F	00:51,40	03:52,51	08:18,66		03:22,59		00:21,28	00:50,98	04:19,12		
	SÉNIOR	Ordizia 09,10 marzo	M	X.Pallares	X.Pallares	X.Pallares	Catalana		A.Martinez	R.Ventura	G.Romero			
			F	00:52,72	04:08,42	08:35,31		03:32,38		00:22,97	00:53,75	04:34,84		
1994	JÚNIOR	Palma 23,24 abril	M	P.Monge	I.Iturrioz	I.Iturrioz	Vasca		P.Monge	P.Monge	I.Iturrioz			
			F	00:43,52	03:34,81	07:38,83		03:04,69		00:18,18	00:41,76	03:42,73		
	SÉNIOR	Palma 23,24 abril	M	S.Txaparro	M.Vidal	M.Vidal	Catalana		M.Armendia	S.Txaparro	E.Casanovas			
			F	00:49,70	03:54,51	08:15,47		03:33,75		00:21,12	00:49,85	04:40,46		
2001	ABSOLUTO	Los Alcázares 07,08 abril	M	R.Diaz	X.García	I.Arcos	F.Gonzalez	Catalana	Catalana	R.Diaz	X.Garcia	R.Diaz		
			F	00:21,58	00:48,51	03:58,18	08:10,45		03:16,41	07:27,33	00:20,70	00:50,07	04:29,48	
	SÉNIOR	Palma 23,24 abril	M	S.Navas	L.Villar	G.Haro	G.Haro	Catalana	Catalana	S.Navas	C.Barco	T.Gancharro		
			F	00:23,87	00:53,83	04:32,53	09:23,96		03:44,07	08:24,53	00:23,85	00:58,06	05:01,36	
2002	ABSOLUTO	Palma 22,23 marzo	M	O.Soaz	D.Soaz	D.Soaz	F.Planas	Catalana	Catalana	J.V.Aparicio	O.Soaz	O.Soaz		
			F	00:19,99	00:44,27	03:42,66	07:51,56		03:02,44	07:07,37	00:18,62	00:46,17	03:38,77	
	SÉNIOR	Palma 22,23 marzo	M	X.Pallares	E.Peñaranda	M.Vidal	M.Vidal	Catalana	Catalana	E.Peñaranda	G.Romero	G.Romero		
			F	00:23,04	00:48,80	03:52,12	08:04,78		03:19,48	07:39,69	00:21,90	00:51,34	04:05,00	
2003	ABSOLUTO	Los Alcázares 07,08 abril	M	C.Ruiz	J.del Moral	P.Castillo	F.Guerrero	Catalana	Catalana	C.Ruiz	O.Soaz	O.Soaz		
			F	00:18,58	00:42,18	03:29,39	07:19,83		02:54,05	06:37,24	00:17,21	00:41,23	03:22,21	
	SÉNIOR	Palma 22,23 marzo	M	A.Reina	O.Rodríguez	V.Arregui	V.Arregui	Balear	Catalana	A.Reina	E.Peñaranda	E.Peñaranda		
			F	00:21,70	00:47,78	03:48,73	08:07,97		03:18,03	07:24,60	00:20,47	00:46,98	03:52,34	
2004	ABSOLUTO	Palma 22,23 marzo	M	G.Molina	J.J.Iturralde	F.Guerrero	F.Guerrero	Catalana	Navarra	J.J.Iturralde	O.Soaz	O.Soaz		
			F	00:19,20	00:42,78	03:27,00	07:12,04		02:54,49	06:45,92	00:16,53	00:39,58	03:33,23	
	SÉNIOR	Elche 12,13 abril	M	A.Lerga	E.Peñaranda	E.Peñaranda	V.Arregui	Catalana	Navarra	D.Pradell	E.Reus	C.N.Riera		
			F	00:21,43	00:46,15	03:41,61	07:55,96		03:18,35	07:20,45	00:20,21	00:47,49	03:54,99	
2005	ABSOLUTO	Elche 12,13 abril	M	J.J.Iturralde	J.J.Iturralde	I.Alonso	I.Alonso	Navarra	Navarra	J.J.Iturralde	M.Rodríguez	I.Alonso		
			F	00:18,30	00:41,77	03:25,07	07:08,06		02:55,71	06:47,22	00:16,16	00:43,21	03:32,43	
	SÉNIOR	Pamplona 03,04 abril	M	A.Lerga	E.Peñaranda	A.López	A.López	Catalana	Navarra	E.Peñaranda	D.Pradell	C.N.Riera		
			F	00:20,62	00:45,63	03:51,43	08:00,67		03:17,16	07:21,36	00:18,84	00:48,18	03:56,12	
2006	ABSOLUTO	Pamplona 03,04 abril	M	M.Aguerri	M.Aguerri	J.M.Iniesta	J.M.Iniesta	Catalana	Catalana	G.Molina	O.Soaz	O.Soaz		
			F	00:18,70	00:41,57	03:27,14	07:22,24		02:51,07	06:36,38	00:16,94	00:38,81	03:21,91	
	SÉNIOR	Arona 19,20 marzo	M	D.Pradell	A.Lerga	E.Peñaranda	C.Porta	Navarra	Catalana	A.Lerga	E.Peñaranda	E.Peñaranda		
			F	00:21,14	00:47,19	03:36,45	08:05,14		03:16,79	07:18,63	00:18,89	00:44,23	03:46,31	
2007	ABSOLUTO	Arona 19,20 marzo	M	J.J.Iturralde	J.Soto	B.Martínez	B.Martínez	Navarra	Valenciana	J.J.Iturralde	G.Molina	A.Reus		
			F	00:17,37M	00:42,17	03:19,30	07:03,75		02:50,26	06:29,07	00:16,22	00:38,51	03:22,06	
	SÉNIOR	Arona 19,20 marzo	M	D.Pradell	A.Lerga	E.Fernández	M.Ecija	Navarra	Navarra	A.Lerga	D.Pradell	E.Fernández		
			F	00:20,89	00:45,81	03:53,62	08:03,67		03:19,99	07:32,01	00:18,29	00:45,13	03:51,69	

# MEDALLAS DE ORO EN CAMPEONATOS DE ESPAÑA DE INVIERNO

			50 SF	100 SF	400 SF	800 SF	1500 SF	4x100	4x200	50 AP	100 IM	400 IM	800 IM	50 BF.	100 BF.	
2006	ABSOLUTO	Salamanca 08,09 abril	M	J.J.Iturralde	J.J.Iturralde	A.Reus	A.Reus		Valenciana	Valenciana	J.J.Iturralde	J.J.Iturralde	A.Reus			
				00:17,81	00:39,61	03:17,91	07:02,35		02:45,77	06:17,76	00:16,81	00:39,47	03:13,07			
			F	A.Lerga	A.Lerga	E.Pascua	E.Pascua		Catalana	Navarra	A.Lerga	D.Pradell	S.Rojo			
00:20,56	00:45,10	03:49,31		07:59,10		03:06,86	07:10,32	00:19,21	00:46,48	03:49,99						
2007	ABSOLUTO	Sabadell 17,18 marzo	M	O.Maiz	G.Iniesta	A.Reus	B.Martínez		Valenciana	Valenciana	O.Maiz	O.Maiz	A.Reus			
				00:18,46	00:41,17	03:18,14	07:01,66		02:45,90	06:16,84	00:17,04	00:37,92	03:10,13			
			F	A.Lerga	A.M.Luna	A.Kotchetkova	A.Kotchetkova		Catalana	Andaluza	A.Lerga	C.Porta	M.Ecija			
00:21,39	00:46,49	03:46,34		07:45,54		03:12,09	07:16,14	00:19,23	00:45,89	03:39,92						
2008	ABSOLUTO	San Sebastián 08,09 marzo	M	R.Gali	G.Iniesta	A.Reus	A.Reus		Valenciana	Valenciana	M.Sánchez	O.Maiz	A.Reus			
				00:18,37	00:40,44	03:24,72	07:10,44		02:42,27	06:19,26	00:16,96	00:39,21	03:14,22			
			F	A.Lerga	A.M.Luna	A.Kotchetkova	A.Kotchetkova		Navarra	Catalana	A.Lerga	S.Rojo	C.López			
00:20,93	00:46,86	03:33,43		07:19,87		03:14,03	07:18,54	00:18,79	00:46,17	03:46,66						
2009	ABSOLUTO	Elche 04,05 abril	M	B.Asensi	B.Asensi	J.Murcia	J.M.Iniesta		Valenciana	Valenciana	M.Sánchez	P.Monge	J.M.Iniesta	J.M.Iniesta		
				00:18,49	00:40,69	03:26,31	07:09,72		02:47,83	06:24,91	00:16,34	00:37,68	03:13,26	07:09,74		
			F	M.López	M.López	A.Kotchetkova	A.Kotchetkova		Andaluza	Andaluza	M.Varela	M.Varela	A.Arregui	S.Rojo		
00:20,22	00:45,81	03:36,82		07:34,14		03:07,82	07:01,30	00:18,65	00:43,68	03:44,87	08:00,23					
2010	ABSOLUTO	Palma 27,28 marzo	M	G.Iniesta	B.Asensi	J.Miqueo	A.Córdoba		Valenciana	Valenciana	M.Rodríguez	P.Monge	J.M.Iniesta	J.M.Iniesta		
				00:18,45	00:41,10	03:21,91	07:05,74		02:44,85	06:20,28	00:16,21	00:37,28	03:11,80	06:50,72		
			F	M.López	M.López	A.Kotchetkova	A.Kotchetkova		Valenciana	Balear	M.López	M.Varela	S.Rojo	S.Rojo		
00:19,25	00:43,22	03:40,03		07:35,23		03:11,13	07:04,63	00:18,75	00:42,79	03:40,31	07:58,33					
2011	ABSOLUTO	Pamplona 16,17 abril	M	A.Insausti	M.Rodríguez	A.Reus	A.Reus		Vasca	Vasca	M.Rodríguez	M.Rodríguez	A.Reus	A.Reus	J.López	J.López
				00:17,80	00:40,11	03:20,45	07:12,26		02:43,00	06:19,84	00:16,22	00:37,82	03:08,90	06:49,09	00:20,60	00:46,45
			F	M.López	M.López	C.López	C.López		Andaluza	Balear	M.Varela	M.Varela	C.López	S.Rojo	O.Etxeberria	C.Colado
00:19,50	00:45,15	03:41,43		07:48,46		03:11,15	07:08,90	00:18,81	00:43,52	03:35,35	07:54,53	00:24,77	00:54,34			
2012	ABSOLUTO	Palma 17,18 marzo	M	M.Rodríguez	M.Rodríguez	J.Miqueo	A.Reus		Valenciana	Navarra	M.Rodríguez	M.Rodríguez	A.Reus	A.Reus	J.López	J.Escudero
				00:17,38	00:39,64	03:19,20	07:03,44		02:42,19	06:14,77	00:15,92	00:37,55	03:06,95	06:32,98	00:20,57	00:46,51
			F	M.López	M.Varela	C.López	C.López		Catalana	Navarra	M.Varela	M.Varela	L.López	L.López	C.Colado	C.Colado
00:20,05	00:44,77	03:43,88		07:44,34		03:10,81	07:15,38	00:19,02	00:43,55	03:35,77	07:48,61	00:23,92	00:51,71			
2013	ABSOLUTO	Palma 17,18 marzo	M	J.Caravaca	J.Caravaca	C.López	C.López		Valenciana	Valenciana	J.Caravaca	X.Sanz	X.Sanz	X.Sanz	C.García	J.A.Alonso
				00:18,10	00:39,26	03:18,05	06:58,06		02:41,47	06:08,89	00:16,29	00:38,68	03:11,47	06:51,00	00:20,78	00:45,83
			F	M.López	M.López	R.Marín	R.Marín		Catalana	Navarra	M.López	C.Porta	I.Lakunza	C.Porta	N.Rodriño	C.Colado
00:20,33	00:45,35	03:46,47		07:55,57		03:11,99	07:20,97	00:19,02	00:42,56	03:30,82	07:40,60	00:23,75	00:52,38			
2014	ABSOLUTO	Pamplona 29,30 marzo	M	J.Caravaca	J.Caravaca	C.López	C.López		Valenciana	Valenciana	J.Caravaca	J.A.Pérez	A.Reus	A.Reus	A.T.Catariq	J.A.Alonso
				00:16,79	00:37,91	03:15,36M	06:57,10		02:34,32	06:04,37	00:15,51	00:37,57	00:44,87	06:52,58	00:20,98	00:45,44
			F	M.López	M.López	R.Marín	R.Marín		Catalana	Catalana	L.López	I.Lakunza	I.Lakunza	C.Porta	S.Barnes	S.Barnes
00:19,67	00:45,30	03:40,86		07:40,81		03:10,78	07:03,41	00:18,99	00:42,48	03:24,91	07:52,17	00:23,5	00:51,34			

