



III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



1 - Sábado, 21 de Diciembre de 2024

21/12/2024 - 10:00

Prueba 1

Fem., 400m Inmersión

Absoluto

21/12/2024 - 10:00

Resultados

Puntos: FEDAS 2024

| Clasificación | AN                   |       |                    | Tiempo         |         | Pts   | 100m  | 200m    | 300m    | 400m    |         |       |
|---------------|----------------------|-------|--------------------|----------------|---------|-------|-------|---------|---------|---------|---------|-------|
| PreSenior     |                      |       |                    |                |         |       |       |         |         |         |         |       |
| 1.            | IZAGUIRRE GARIN, A.  | 07    | Ordizia KEU        | <b>3:47.83</b> | 830     |       | 53.19 | 58.89   | 1:00.48 | 55.27   |         |       |
|               | 50m:                 | 25.42 | 25.42              | 150m:          | 1:22.33 | 29.14 | 250m: | 2:22.34 | 30.26   | 350m:   | 3:21.51 | 28.95 |
|               | 100m:                | 53.19 | 27.77              | 200m:          | 1:52.08 | 29.75 | 300m: | 2:52.56 | 30.22   | 400m:   | 3:47.83 | 26.32 |
| 2.            | AVILA SURKOV, N.     | 07    | CN Red Mar Top-Ten | <b>3:50.04</b> | 815     |       | 52.86 | 58.69   | 1:00.12 | 58.37   |         |       |
|               | 50m:                 | 25.31 | 25.31              | 150m:          | 1:21.77 | 28.91 | 250m: | 2:21.14 | 29.59   | 350m:   | 3:21.97 | 30.30 |
|               | 100m:                | 52.86 | 27.55              | 200m:          | 1:51.55 | 29.78 | 300m: | 2:51.67 | 30.53   | 400m:   | 3:50.04 | 28.07 |
| 3.            | LAZARO CALDERON, I.  | 07    | CADAS              | <b>4:09.92</b> | 693     |       | 55.18 | 1:02.97 | 1:06.29 | 1:05.48 |         |       |
|               | 50m:                 | 26.07 | 26.07              | 150m:          | 1:26.19 | 31.01 | 250m: | 2:31.28 | 33.13   | 350m:   | 3:38.11 | 33.67 |
|               | 100m:                | 55.18 | 29.11              | 200m:          | 1:58.15 | 31.96 | 300m: | 3:04.44 | 33.16   | 400m:   | 4:09.92 | 31.81 |
| 4.            | SEVDEVA SEVDEVA, E.  | 09    | CN Tafalla         | <b>4:15.58</b> | 661     |       | 53.51 | 1:03.88 | 1:08.66 | 1:09.53 |         |       |
|               | 50m:                 | 25.49 | 25.49              | 150m:          | 1:24.58 | 31.07 | 250m: | 2:31.21 | 33.82   | 350m:   | 3:40.57 | 34.52 |
|               | 100m:                | 53.51 | 28.02              | 200m:          | 1:57.39 | 32.81 | 300m: | 3:06.05 | 34.84   | 400m:   | 4:15.58 | 35.01 |
| 5.            | NIEVA PALAZON, C.    | 07    | CN Babel Alicante  | <b>4:15.89</b> | 660     |       | 57.32 | 1:05.50 | 1:06.21 | 1:06.86 |         |       |
|               | 50m:                 | 27.08 | 27.08              | 150m:          | 1:29.64 | 32.32 | 250m: | 2:35.85 | 33.03   | 350m:   | 3:43.29 | 34.26 |
|               | 100m:                | 57.32 | 30.24              | 200m:          | 2:02.82 | 33.18 | 300m: | 3:09.03 | 33.18   | 400m:   | 4:15.89 | 32.60 |
| 6.            | URBIETA POZAS, Leire | 08    | AD San Juan        | <b>4:16.02</b> | 659     |       | 56.08 | 1:04.97 | 1:09.78 | 1:05.19 |         |       |
|               | 50m:                 | 26.95 | 26.95              | 150m:          | 1:28.04 | 31.96 | 250m: | 2:36.08 | 35.03   | 350m:   | 3:44.25 | 33.42 |
|               | 100m:                | 56.08 | 29.13              | 200m:          | 2:01.05 | 33.01 | 300m: | 3:10.83 | 34.75   | 400m:   | 4:16.02 | 31.77 |
| 7.            | CHICAPAR CALVO, I.   | 10    | CADAS              | <b>4:16.51</b> | 656     |       | 55.74 | 1:05.22 | 1:09.83 | 1:05.72 |         |       |
|               | 50m:                 | 26.08 | 26.08              | 150m:          | 1:26.51 | 30.77 | 250m: | 2:35.92 | 34.96   | 350m:   | 3:44.66 | 33.87 |
|               | 100m:                | 55.74 | 29.66              | 200m:          | 2:00.96 | 34.45 | 300m: | 3:10.79 | 34.87   | 400m:   | 4:16.51 | 31.85 |
| 8.            | JULIAN ANDALUZ, M.   | 08    | CADAS              | <b>4:28.77</b> | 593     |       | 57.15 | 1:06.22 | 1:12.26 | 1:13.14 |         |       |
|               | 50m:                 | 26.89 | 26.89              | 150m:          | 1:29.36 | 32.21 | 250m: | 2:38.84 | 35.47   | 350m:   | 3:52.50 | 36.87 |
|               | 100m:                | 57.15 | 30.26              | 200m:          | 2:03.37 | 34.01 | 300m: | 3:15.63 | 36.79   | 400m:   | 4:28.77 | 36.27 |

Senior

|    |                       |       |                   |                |         |       |         |         |         |       |         |       |
|----|-----------------------|-------|-------------------|----------------|---------|-------|---------|---------|---------|-------|---------|-------|
| 1. | LACUNZA ELIZALDE, I.  | 96    | Igarondo U        | <b>3:13.07</b> | 909     | 47.33 | 48.74   | 47.73   | 49.27   |       |         |       |
|    | 50m:                  | 23.10 | 23.10             | 150m:          | 1:11.67 | 24.34 | 250m:   | 2:00.08 | 24.01   | 350m: | 2:48.33 | 24.53 |
|    | 100m:                 | 47.33 | 24.23             | 200m:          | 1:36.07 | 24.40 | 300m:   | 2:23.80 | 23.72   | 400m: | 3:13.07 | 24.74 |
| 2. | ECHEVERRIA ROMANCO2.. |       | CN Tafalla        | <b>3:27.49</b> | 795     | 49.26 | 51.46   | 52.51   | 54.26   |       |         |       |
|    | 50m:                  | 24.46 | 24.46             | 150m:          | 1:14.81 | 25.55 | 250m:   | 2:06.85 | 26.13   | 350m: | 3:00.55 | 27.32 |
|    | 100m:                 | 49.26 | 24.80             | 200m:          | 1:40.72 | 25.91 | 300m:   | 2:33.23 | 26.38   | 400m: | 3:27.49 | 26.94 |
| 3. | VALLE VALLES, Nerea   | 03    | CE Mediterrani    | <b>3:47.00</b> | 665     | 52.67 | 57.26   | 57.59   | 59.48   |       |         |       |
|    | 50m:                  | 25.36 | 25.36             | 150m:          | 1:21.09 | 28.42 | 250m:   | 2:18.98 | 29.05   | 350m: | 3:17.61 | 30.09 |
|    | 100m:                 | 52.67 | 27.31             | 200m:          | 1:49.93 | 28.84 | 300m:   | 2:47.52 | 28.54   | 400m: | 3:47.00 | 29.39 |
| 4. | BOFILL AVILA, Laia    | 06    | CE Mediterrani    | <b>3:47.56</b> | 661     | 53.22 | 56.51   | 58.20   | 59.63   |       |         |       |
|    | 50m:                  | 25.51 | 25.51             | 150m:          | 1:21.25 | 28.03 | 250m:   | 2:18.44 | 28.71   | 350m: | 3:18.44 | 30.51 |
|    | 100m:                 | 53.22 | 27.71             | 200m:          | 1:49.73 | 28.48 | 300m:   | 2:47.93 | 29.49   | 400m: | 3:47.56 | 29.12 |
| 5. | LEON RUBIO, Julia     | 01    | CN Babel Alicante | <b>3:47.84</b> | 660     | 53.75 | 56.91   | 59.17   | 58.01   |       |         |       |
|    | 50m:                  | 26.41 | 26.41             | 150m:          | 1:21.97 | 28.22 | 250m:   | 2:19.94 | 29.28   | 350m: | 3:19.45 | 29.62 |
|    | 100m:                 | 53.75 | 27.34             | 200m:          | 1:50.66 | 28.69 | 300m:   | 2:49.83 | 29.89   | 400m: | 3:47.84 | 28.39 |
| 6. | ORDOÑEZ PEREZ, A.     | 03    | CADAS             | <b>4:08.17</b> | 546     | 53.92 | 1:02.08 | 1:06.81 | 1:05.36 |       |         |       |
|    | 50m:                  | 26.08 | 26.08             | 150m:          | 1:24.34 | 30.42 | 250m:   | 2:28.96 | 32.96   | 350m: | 3:37.40 | 34.59 |
|    | 100m:                 | 53.92 | 27.84             | 200m:          | 1:56.00 | 31.66 | 300m:   | 3:02.81 | 33.85   | 400m: | 4:08.17 | 30.77 |
| 7. | CHUECA ALDUNATE, S98  |       | CN Tafalla        | <b>4:13.80</b> | 518     | 56.68 | 1:03.30 | 1:07.99 | 1:05.83 |       |         |       |
|    | 50m:                  | 27.77 | 27.77             | 150m:          | 1:27.54 | 30.86 | 250m:   | 2:33.34 | 33.36   | 350m: | 3:41.64 | 33.67 |
|    | 100m:                 | 56.68 | 28.91             | 200m:          | 1:59.98 | 32.44 | 300m:   | 3:07.97 | 34.63   | 400m: | 4:13.80 | 32.16 |





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Prueba 1, Fem., 400m Inmersión, Senior

| Clasificación        | AN    |                   | Tiempo         |         | Pts   | 100m  | 200m    | 300m    | 400m    |         |       |
|----------------------|-------|-------------------|----------------|---------|-------|-------|---------|---------|---------|---------|-------|
| 8. NIEVA PALAZON, A. | 05    | CN Babel Alicante | <b>4:22.75</b> | 476     |       | 56.68 | 1:05.96 | 1:11.79 | 1:08.32 |         |       |
| 50m:                 | 26.54 | 26.54             | 150m:          | 1:28.91 | 32.23 | 250m: | 2:37.65 | 35.01   | 350m:   | 3:48.38 | 33.95 |
| 100m:                | 56.68 | 30.14             | 200m:          | 2:02.64 | 33.73 | 300m: | 3:14.43 | 36.78   | 400m:   | 4:22.75 | 34.37 |





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Prueba 2  
21/12/2024 - 10:26

Fem., 50m Bi-Aletas

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                    | AN |                     | Tiempo       | Pts |
|----------------------------------|----|---------------------|--------------|-----|
| PreSenior                        |    |                     |              |     |
| 1. SANZ FERNANDEZ, Julieta       | 09 | CN Babel Alicante   | <b>23.84</b> | 907 |
| <i>Najade Speed</i>              |    |                     |              |     |
| 2. ANDRES SOUTO, Aldara          | 07 | CAA Baixo Miño      | <b>24.00</b> | 895 |
| <i>PowerFins Medium</i>          |    |                     |              |     |
| 3. ESPINOZA TRUJILLO, Alessandra | 09 | CE Mediterrani      | <b>24.18</b> | 880 |
| <i>PowerFins Medium</i>          |    |                     |              |     |
| 4. ANTON ALZAMORA, Maria         | 08 | CN Red Mar Top-Ten  | <b>24.32</b> | 870 |
| <i>Najade Speed</i>              |    |                     |              |     |
| 5. URS, Denisa Maria             | 10 | PS Water Benidorm   | <b>24.70</b> | 841 |
| <i>Najade Speed</i>              |    |                     |              |     |
| 6. IRISARRI SALABERRI, Afrika    | 08 | CN Tafalla          | <b>24.72</b> | 839 |
| <i>Najade Speed</i>              |    |                     |              |     |
| 7. EFANOVA, Nicolly              | 09 | CD I-Mas Torrevieja | <b>25.09</b> | 812 |
| <i>PowerFins Soft</i>            |    |                     |              |     |
| 8. ALEKSANDROVA STOYANOVA, E.    | 09 | CDN Morelia         | <b>26.20</b> | 735 |
| <i>Najade Speed</i>              |    |                     |              |     |
| Senior                           |    |                     |              |     |
| 1. LAUGE DOMENECH, Laura         | 06 | CE Mediterrani      | <b>23.12</b> | 904 |
| <i>PowerFins Medium</i>          |    |                     |              |     |
| 2. ZUFIAURRE AYERRA, Irati       | 05 | CN Tafalla          | <b>23.32</b> | 888 |
| <i>Najade Sprint</i>             |    |                     |              |     |
| 3. OROZ IZU, Claudia             | 02 | AD San Juan         | <b>24.35</b> | 808 |
| <i>PowerFins Medium</i>          |    |                     |              |     |
| 4. LOPEZ SANCHEZ, Ana            | 05 | AC Xaloc            | <b>24.75</b> | 779 |
| <i>Najade Sprint</i>             |    |                     |              |     |
| 5. CANDELA MARTINEZ, Maria       | 02 | CN Babel Alicante   | <b>25.15</b> | 751 |
| <i>Najade Speed</i>              |    |                     |              |     |
| 6. VEHILS IGLESIAS, Meritxell    | 05 | AC Xaloc            | <b>25.34</b> | 737 |
| <i>PowerFins Medium</i>          |    |                     |              |     |
| 7. MARTINEZ PAESA, Sonia         | 02 | CADAS               | <b>25.59</b> | 720 |
| <i>PowerFins Soft</i>            |    |                     |              |     |
| 8. MUGICA LEKUONA, Naiara        | 01 | CN Tafalla          | <b>25.86</b> | 703 |
| <i>Najade Speed</i>              |    |                     |              |     |





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INDIVIDUAL - ABSOLUTA  
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Prueba 3  
21/12/2024 - 10:33

Fem., 200m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación | AN                      |    |                    | Tiempo  | Pts | 100m  | 200m    |
|---------------|-------------------------|----|--------------------|---------|-----|-------|---------|
| PreSenior     |                         |    |                    |         |     |       |         |
| 1.            | HERASYMCHUK BON, A.     | 08 | CN Babel Alicante  | 1:41.60 | 905 | 49.51 | 52.09   |
| 2.            | PORTERO SAEZ, Mariola   | 08 | CN Babel Alicante  | 1:43.50 | 870 | 49.95 | 53.55   |
| 3.            | NAVARRO MOLINA, Emma    | 09 | AD San Juan        | 1:46.88 | 811 | 51.95 | 54.93   |
| 4.            | MUÑOZ LOZANO, Alejandra | 08 | CD Delphis Cabra   | 1:46.96 | 809 | 50.24 | 56.72   |
| 5.            | MACHIN MARTIN, Jimena   | 08 | CDN Morelia        | 1:51.34 | 738 | 51.98 | 59.36   |
| 6.            | VILLALOBOS COMPAINS, I. | 08 | AD San Juan        | 1:57.30 | 650 | 55.77 | 1:01.53 |
| 7.            | MULERO PLANELL, Alba    | 10 | CN L'Hospitalet    | 1:57.35 | 649 | 56.59 | 1:00.76 |
| 8.            | QUINTANA SOROA, Lucia   | 09 | AD San Juan        | 1:58.45 | 634 | 55.01 | 1:03.44 |
| Senior        |                         |    |                    |         |     |       |         |
| 1.            | BAYES EZQUERRO, Mireia  | 04 | CE Mediterrani     | 1:36.30 | 933 | 46.78 | 49.52   |
| 2.            | VIDAL BERNAL, Marina    | 05 | CN Babel Alicante  | 1:42.25 | 820 | 49.41 | 52.84   |
| 3.            | RESA SORET, N.          | 01 | CN Tafalla         | 1:42.73 | 812 | 49.65 | 53.08   |
| 4.            | GONZALEZ FERNANDES, A.  | 02 | Ordizia KEU        | 1:43.09 | 805 | 49.92 | 53.17   |
| 5.            | IZAGUIRRE LARBURU, H.   | 06 | Igarondo U         | 1:43.73 | 794 | 50.48 | 53.25   |
| 6.            | GOMEZ RETA, Aroa        | 05 | CN Tafalla         | 1:46.45 | 748 | 50.82 | 55.63   |
| 7.            | ALVAREZ BACETE, Carlota | 06 | CN Red Mar Top-Ten | 1:54.02 | 632 | 52.54 | 1:01.48 |
| 8.            | ROCHER CUJO, Marta      | 03 | CN L'Hospitalet    | 1:57.44 | 585 | 55.03 | 1:02.41 |





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INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 4  
21/12/2024 - 10:49

Fem., 400m Bi-Aletas

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                                  | AN      |                | Tiempo  |         | Pts   | 100m    | 200m    | 300m    | 400m    |         |       |
|------------------------------------------------|---------|----------------|---------|---------|-------|---------|---------|---------|---------|---------|-------|
| PreSenior                                      |         |                |         |         |       |         |         |         |         |         |       |
| 1. CABELLO PEREZ, A.                           | 08      | CADAS          | 3:59.66 |         | 978   | 56.79   | 1:00.99 | 1:02.46 | 59.42   |         |       |
| PowerFins Soft                                 |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 27.33   | 27.33          | 150m:   | 1:27.07 | 30.28 | 250m:   | 2:29.27 | 31.49   | 350m:   | 3:30.96 | 30.72 |
| 100m:                                          | 56.79   | 29.46          | 200m:   | 1:57.78 | 30.71 | 300m:   | 3:00.24 | 30.97   | 400m:   | 3:59.66 | 28.70 |
| 2. ALVAREZ DE ARCAYA IORKECD I-Mas Torrevieja  | 09      |                | 4:16.95 |         | 845   | 1:01.33 | 1:05.31 | 1:06.48 | 1:03.83 |         |       |
| Najade Speed400                                |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 28.98   | 28.98          | 150m:   | 1:33.85 | 32.52 | 250m:   | 2:39.88 | 33.24   | 350m:   | 3:45.95 | 32.83 |
| 100m:                                          | 1:01.33 | 32.35          | 200m:   | 2:06.64 | 32.79 | 300m:   | 3:13.12 | 33.24   | 400m:   | 4:16.95 | 31.00 |
| 3. SOJO SERRAT, Rocio                          | 07      | CE Mediterrani | 4:18.29 |         | 836   | 1:00.51 | 1:06.25 | 1:06.54 | 1:04.99 |         |       |
| PowerFins Soft                                 |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 28.58   | 28.58          | 150m:   | 1:33.42 | 32.91 | 250m:   | 2:40.05 | 33.29   | 350m:   | 3:46.29 | 32.99 |
| 100m:                                          | 1:00.51 | 31.93          | 200m:   | 2:06.76 | 33.34 | 300m:   | 3:13.30 | 33.25   | 400m:   | 4:18.29 | 32.00 |
| 4. ALEKSANDROVA STOYKOVA CDN Morelia           | 09      |                | 4:25.60 |         | 785   | 1:01.54 | 1:06.85 | 1:09.36 | 1:07.85 |         |       |
| Najade Speed                                   |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 29.08   | 29.08          | 150m:   | 1:34.47 | 32.93 | 250m:   | 2:42.35 | 33.96   | 350m:   | 3:52.01 | 34.26 |
| 100m:                                          | 1:01.54 | 32.46          | 200m:   | 2:08.39 | 33.92 | 300m:   | 3:17.75 | 35.40   | 400m:   | 4:25.60 | 33.59 |
| 5. IRISARRI SALABERRI, N.                      | 08      | CN Tafalla     | 4:29.44 |         | 760   | 1:00.88 | 1:07.16 | 1:10.85 | 1:10.55 |         |       |
| Najade Speed                                   |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 29.13   | 29.13          | 150m:   | 1:33.93 | 33.05 | 250m:   | 2:43.30 | 35.26   | 350m:   | 3:54.95 | 36.06 |
| 100m:                                          | 1:00.88 | 31.75          | 200m:   | 2:08.04 | 34.11 | 300m:   | 3:18.89 | 35.59   | 400m:   | 4:29.44 | 34.49 |
| 6. SANZ MARTINEZ, N.                           | 09      | CADAS          | 4:43.65 |         | 672   | 1:03.03 | 1:11.33 | 1:15.09 | 1:14.20 |         |       |
| PowerFins Soft                                 |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 30.01   | 30.01          | 150m:   | 1:37.89 | 34.86 | 250m:   | 2:51.68 | 37.32   | 350m:   | 4:07.55 | 38.10 |
| 100m:                                          | 1:03.03 | 33.02          | 200m:   | 2:14.36 | 36.47 | 300m:   | 3:29.45 | 37.77   | 400m:   | 4:43.65 | 36.10 |
| 7. TORRECILLAS GARCIA IORKECD I-Mas Torrevieja | 09      |                | 4:46.90 |         | 653   | 1:04.55 | 1:14.63 | 1:16.17 | 1:11.55 |         |       |
| PowerFins Soft                                 |         |                |         |         |       |         |         |         |         |         |       |
| 50m:                                           | 30.01   | 30.01          | 150m:   | 1:41.34 | 36.79 | 250m:   | 2:57.24 | 38.06   | 350m:   | 4:12.06 | 36.71 |
| 100m:                                          | 1:04.55 | 34.54          | 200m:   | 2:19.18 | 37.84 | 300m:   | 3:35.35 | 38.11   | 400m:   | 4:46.90 | 34.84 |

Senior

|                        |         |                   |                |         |         |         |         |         |       |         |       |
|------------------------|---------|-------------------|----------------|---------|---------|---------|---------|---------|-------|---------|-------|
| 1. FARGAS MEXIA, Sonia | 98      | CE Mediterrani    | <b>4:02.15</b> | 957     | 57.61   | 1:01.19 | 1:01.99 | 1:01.36 |       |         |       |
| <i>PowerFins Soft</i>  |         |                   |                |         |         |         |         |         |       |         |       |
| 50m:                   | 27.94   | 27.94             | 150m:          | 1:28.00 | 30.39   | 250m:   | 2:29.75 | 30.95   | 350m: | 3:31.96 | 31.17 |
| 100m:                  | 57.61   | 29.67             | 200m:          | 1:58.80 | 30.80   | 300m:   | 3:00.79 | 31.04   | 400m: | 4:02.15 | 30.19 |
| 2. CALBO ESPARZA, R.   | 05      | CE Mediterrani    | <b>4:15.89</b> | 852     | 1:00.03 | 1:04.78 | 1:06.10 | 1:04.98 |       |         |       |
| <i>Najade Speed</i>    |         |                   |                |         |         |         |         |         |       |         |       |
| 50m:                   | 28.78   | 28.78             | 150m:          | 1:31.92 | 31.89   | 250m:   | 2:37.84 | 33.03   | 350m: | 3:43.71 | 32.80 |
| 100m:                  | 1:00.03 | 31.25             | 200m:          | 2:04.81 | 32.89   | 300m:   | 3:10.91 | 33.07   | 400m: | 4:15.89 | 32.18 |
| 3. CANDELA MARTINEZ, N | 02      | CN Babel Alicante | <b>4:20.14</b> | 822     | 1:01.80 | 1:07.46 | 1:06.51 | 1:04.37 |       |         |       |
| <i>Najade Speed</i>    |         |                   |                |         |         |         |         |         |       |         |       |
| 50m:                   | 29.29   | 29.29             | 150m:          | 1:35.64 | 33.84   | 250m:   | 2:41.98 | 32.72   | 350m: | 3:48.57 | 32.80 |
| 100m:                  | 1:01.80 | 32.51             | 200m:          | 2:09.26 | 33.62   | 300m:   | 3:15.77 | 33.79   | 400m: | 4:20.14 | 31.57 |
| 4. MUGICA LEKUONA, N.  | 01      | CN Tafalla        | <b>4:20.64</b> | 818     | 1:01.17 | 1:06.20 | 1:07.86 | 1:05.41 |       |         |       |
| <i>Najade Speed</i>    |         |                   |                |         |         |         |         |         |       |         |       |
| 50m:                   | 29.08   | 29.08             | 150m:          | 1:33.70 | 32.53   | 250m:   | 2:41.12 | 33.75   | 350m: | 3:48.98 | 33.75 |
| 100m:                  | 1:01.17 | 32.09             | 200m:          | 2:07.37 | 33.67   | 300m:   | 3:15.23 | 34.11   | 400m: | 4:20.64 | 31.66 |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA

Zaragoza, 21 y 22 de diciembre de 2024



Prueba 4, Fem., 400m Bi-Aletas, Senior

| Clasificación             | AN              |             |       |         | Tiempo  | Pts   | 100m    | 200m    | 300m    | 400m    |
|---------------------------|-----------------|-------------|-------|---------|---------|-------|---------|---------|---------|---------|
| 5. FERNANDEZ GASPAR, 02   | CADAS           |             |       |         | 4:28.51 | 765   | 1:01.80 | 1:06.99 | 1:09.90 | 1:09.82 |
| Najade Speed              |                 |             |       |         |         |       |         |         |         |         |
| 50m:                      | 29.50           | 29.50       | 150m: | 1:35.08 | 33.28   | 250m: | 2:43.18 | 34.39   | 350m:   | 3:54.01 |
| 100m:                     | 1:01.80         | 32.30       | 200m: | 2:08.79 | 33.71   | 300m: | 3:18.69 | 35.51   | 400m:   | 4:28.51 |
|                           |                 |             |       |         |         |       |         |         |         | 35.32   |
| 6. GIMENEZ GUERRERO, 06   | CN L'Hospitalet |             |       |         | 4:32.36 | 740   | 1:05.63 | 1:08.78 | 1:09.40 | 1:08.55 |
| PowerFins Medium          |                 |             |       |         |         |       |         |         |         |         |
| 50m:                      | 31.56           | 31.56       | 150m: | 1:39.86 | 34.23   | 250m: | 2:48.85 | 34.44   | 350m:   | 3:58.39 |
| 100m:                     | 1:05.63         | 34.07       | 200m: | 2:14.41 | 34.55   | 300m: | 3:23.81 | 34.96   | 400m:   | 4:32.36 |
|                           |                 |             |       |         |         |       |         |         |         | 34.58   |
| 7. ALDEA DIEZ, Laura      | 05              | CDN Morelia |       |         | 4:32.74 | 737   | 1:03.47 | 1:09.24 | 1:10.69 | 1:09.34 |
| Najade Sprint             |                 |             |       |         |         |       |         |         |         |         |
| 50m:                      | 29.53           | 29.53       | 150m: | 1:37.38 | 33.91   | 250m: | 2:48.33 | 35.62   | 350m:   | 3:59.02 |
| 100m:                     | 1:03.47         | 33.94       | 200m: | 2:12.71 | 35.33   | 300m: | 3:23.40 | 35.07   | 400m:   | 4:32.74 |
|                           |                 |             |       |         |         |       |         |         |         | 33.72   |
| 8. PEREZ-PONS GONZALO, I. | ADS Casablanca  |             |       |         | 4:34.94 | 723   | 1:02.60 | 1:10.30 | 1:11.75 | 1:10.29 |
| Najade Speed              |                 |             |       |         |         |       |         |         |         |         |
| 50m:                      | 30.08           | 30.08       | 150m: | 1:37.38 | 34.78   | 250m: | 2:48.71 | 35.81   | 350m:   | 4:00.62 |
| 100m:                     | 1:02.60         | 32.52       | 200m: | 2:12.90 | 35.52   | 300m: | 3:24.65 | 35.94   | 400m:   | 4:34.94 |
|                           |                 |             |       |         |         |       |         |         |         | 34.32   |







III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA

Zaragoza, 21 y 22 de diciembre de 2024



Prueba 5  
21/12/2024 - 11:16

Fem., 50m Apnea

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                  | AN |                     | Tiempo       | Pts      |
|--------------------------------|----|---------------------|--------------|----------|
| PreSenior                      |    |                     |              |          |
| 1. SERRANO TORREGROSA, Emma    | 07 | CN Red Mar Top-Ten  | <b>17.76</b> | 1021 REJ |
| 2. MARTINEZ AVILA, Sara        | 07 | CN Babel Alicante   | <b>18.21</b> | 977      |
| 3. ALVAREZ SHUKEROVA, Gabriela | 10 | CD I-Mas Torrevieja | <b>18.92</b> | 912      |
| 4. PALA PONS, Aina             | 09 | AC Xaloc            | <b>20.09</b> | 814      |
| 5. HUARTE GONZALEZ, Anne       | 09 | AD San Juan         | <b>20.18</b> | 807      |
| 6. CABELLO LOPEZ, Rut          | 08 | CADAS               | <b>20.53</b> | 780      |
| 7. OSINAGA FLAMARIQUE, Amaïur  | 10 | AD San Juan         | <b>20.79</b> | 761      |
| 8. PALMESANO, Aitana           | 09 | CD I-Mas Torrevieja | <b>21.16</b> | 734      |
| Senior                         |    |                     |              |          |
| 1. ROMAN DIAZ, Marina          | 04 | CN Red Mar Top-Ten  | <b>17.63</b> | 975      |
| 2. ROCHER CUJO, Laia           | 99 | CN L'Hospitalet     | <b>18.79</b> | 868      |
| 3. SARNAGO GOÑI, Angela        | 06 | CN Tafalla          | <b>19.51</b> | 808      |
| 4. ORCASTEGUI HERBERA, Clara   | 00 | ADS Casablanca      | <b>20.08</b> | 763      |
| 5. SANTANO PEREZ, Celia        | 06 | CN Red Mar Top-Ten  | <b>20.13</b> | 759      |
| 6. NIEVA PALAZON, Ariadna      | 05 | CN Babel Alicante   | <b>20.83</b> | 708      |
| 7. MOUSSI, Yackeline           | 04 | CN Red Mar Top-Ten  | <b>20.86</b> | 706      |
| 8. NDIAYE NDIAYE, Amie         | 05 | CN Tafalla          | <b>21.78</b> | 644      |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 6  
21/12/2024 - 11:23

Fem., 800m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                 | AN                    |                       |                       |  |  |  |  |         | Tiempo |  | Pts |
|-------------------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|---------|--------|--|-----|
| PreSenior                     |                       |                       |                       |  |  |  |  |         |        |  |     |
| 1. QUESADA BERNABE, Nora      | 07                    | CE Mediterrani        |                       |  |  |  |  | 8:06.54 | 833    |  |     |
| 100m: 54.52 54.52             | 300m: 2:55.61 1:01.22 | 500m: 4:59.67 1:01.89 | 700m: 7:04.71 1:02.39 |  |  |  |  |         |        |  |     |
| 200m: 1:54.39 59.87           | 400m: 3:57.78 1:02.17 | 600m: 6:02.32 1:02.65 | 800m: 8:06.54 1:01.83 |  |  |  |  |         |        |  |     |
| 2. CASTILLO FERRANDIZ, Aitana | 10                    | CE Mediterrani        |                       |  |  |  |  | 8:19.88 | 784    |  |     |
| 100m: 1:00.79 1:00.79         | 300m: 3:09.59 1:04.74 | 500m: 5:17.16 1:03.82 | 700m: 7:22.94 1:01.47 |  |  |  |  |         |        |  |     |
| 200m: 2:04.85 1:04.06         | 400m: 4:13.34 1:03.75 | 600m: 6:21.47 1:04.31 | 800m: 8:19.88 56.94   |  |  |  |  |         |        |  |     |
| 3. MULERO PLANELL, Alba       | 10                    | CN L'Hospitalet       |                       |  |  |  |  | 8:40.57 | 713    |  |     |
| 100m: 1:00.48 1:00.48         | 300m: 3:11.65 1:06.07 | 500m: 5:23.08 1:05.64 | 700m: 7:35.65 1:06.14 |  |  |  |  |         |        |  |     |
| 200m: 2:05.58 1:05.10         | 400m: 4:17.44 1:05.79 | 600m: 6:29.51 1:06.43 | 800m: 8:40.57 1:04.92 |  |  |  |  |         |        |  |     |
| 4. GASCON RUBIO, Nerea        | 10                    | CADAS                 |                       |  |  |  |  | 8:43.15 | 704    |  |     |
| 100m: 1:01.80 1:01.80         | 300m: 3:12.55 1:05.85 | 500m: 5:25.78 1:07.03 | 700m: 7:38.04 1:06.16 |  |  |  |  |         |        |  |     |
| 200m: 2:06.70 1:04.90         | 400m: 4:18.75 1:06.20 | 600m: 6:31.88 1:06.10 | 800m: 8:43.15 1:05.11 |  |  |  |  |         |        |  |     |
| Senior                        |                       |                       |                       |  |  |  |  |         |        |  |     |
| 1. GOMEZ RETA, Aroa           | 05                    | CN Tafalla            |                       |  |  |  |  | 7:55.27 | 815    |  |     |
| 100m: 55.07 55.07             | 300m: 2:54.68 1:00.17 | 500m: 4:55.19 1:00.27 | 700m: 6:56.08 1:00.32 |  |  |  |  |         |        |  |     |
| 200m: 1:54.51 59.44           | 400m: 3:54.92 1:00.24 | 600m: 5:55.76 1:00.57 | 800m: 7:55.27 59.19   |  |  |  |  |         |        |  |     |
| 2. OLIVER PALMON, Lourdes     | 04                    | CN Babel Alicante     |                       |  |  |  |  | 7:58.58 | 803    |  |     |
| 100m: 58.91 58.91             | 300m: 2:58.62 1:00.98 | 500m: 5:00.88 1:01.54 | 700m: 7:03.27 1:00.98 |  |  |  |  |         |        |  |     |
| 200m: 1:57.64 58.73           | 400m: 3:59.34 1:00.72 | 600m: 6:02.29 1:01.41 | 800m: 7:58.58 55.31   |  |  |  |  |         |        |  |     |
| 3. ELOSEGI MADARIAGA, Graxi   | 02                    | Ordizia KEU           |                       |  |  |  |  | 7:59.88 | 798    |  |     |
| 100m: 56.00 56.00             | 300m: 2:55.79 59.76   | 500m: 4:57.63 1:00.78 | 700m: 7:00.13 1:01.11 |  |  |  |  |         |        |  |     |
| 200m: 1:56.03 1:00.03         | 400m: 3:56.85 1:01.06 | 600m: 5:59.02 1:01.39 | 800m: 7:59.88 59.75   |  |  |  |  |         |        |  |     |
| 4. ALVAREZ BACETE, Carlota    | 06                    | CN Red Mar Top-Ten    |                       |  |  |  |  | 8:43.99 | 647    |  |     |
| 100m: 1:01.12 1:01.12         | 300m: 3:11.64 1:06.09 | 500m: 5:25.14 1:06.89 | 700m: 7:40.05 1:07.08 |  |  |  |  |         |        |  |     |
| 200m: 2:05.55 1:04.43         | 400m: 4:18.25 1:06.61 | 600m: 6:32.97 1:07.83 | 800m: 8:43.99 1:03.94 |  |  |  |  |         |        |  |     |
| 5. ORDOÑEZ PEREZ, Alba        | 03                    | CADAS                 |                       |  |  |  |  | 8:46.57 | 638    |  |     |
| 100m: 59.25 59.25             | 300m: 3:10.05 1:06.10 | 500m: 5:26.29 1:09.08 | 700m: 7:41.70 1:07.42 |  |  |  |  |         |        |  |     |
| 200m: 2:03.95 1:04.70         | 400m: 4:17.21 1:07.16 | 600m: 6:34.28 1:07.99 | 800m: 8:46.57 1:04.87 |  |  |  |  |         |        |  |     |
| 6. ROCHER CUJO, Marta         | 03                    | CN L'Hospitalet       |                       |  |  |  |  | 8:49.34 | 630    |  |     |
| 100m: 1:00.56 1:00.56         | 300m: 3:13.31 1:07.37 | 500m: 5:29.24 1:07.64 | 700m: 7:44.66 1:07.66 |  |  |  |  |         |        |  |     |
| 200m: 2:05.94 1:05.38         | 400m: 4:21.60 1:08.29 | 600m: 6:37.00 1:07.76 | 800m: 8:49.34 1:04.68 |  |  |  |  |         |        |  |     |
| 7. LEON AZNAR, Uxue           | 03                    | CN Tafalla            |                       |  |  |  |  | 9:02.95 | 589    |  |     |
| 100m: 1:01.40 1:01.40         | 300m: 3:17.42 1:08.76 | 500m: 5:37.55 1:10.15 | 700m: 7:57.45 1:08.70 |  |  |  |  |         |        |  |     |
| 200m: 2:08.66 1:07.26         | 400m: 4:27.40 1:09.98 | 600m: 6:48.75 1:11.20 | 800m: 9:02.95 1:05.50 |  |  |  |  |         |        |  |     |
| 8. GOENAGA AMONARRIZ, Sara    | 06                    | Igarondo U            |                       |  |  |  |  | 9:04.98 | 583    |  |     |
| 100m: 1:02.94 1:02.94         | 300m: 3:18.28 1:07.96 | 500m: 5:36.31 1:09.34 | 700m: 7:56.39 1:10.03 |  |  |  |  |         |        |  |     |
| 200m: 2:10.32 1:07.38         | 400m: 4:26.97 1:08.69 | 600m: 6:46.36 1:10.05 | 800m: 9:04.98 1:08.59 |  |  |  |  |         |        |  |     |







III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA

Zaragoza, 21 y 22 de diciembre de 2024



2 - Sábado, 21 de Diciembre de 2024

21/12/2024 - 17:00

Prueba 7

Fem., 200m Inmersión

Absoluto

21/12/2024 - 17:00

Resultados

Puntos: FEDAS 2024

| Clasificación | AN                      |    | Tiempo             | Pts     |      | 100m | 200m  |         |
|---------------|-------------------------|----|--------------------|---------|------|------|-------|---------|
| PreSenior     |                         |    |                    |         |      |      |       |         |
| 1.            | HERASYMCHUK BON, A.     | 08 | CN Babel Alicante  | 1:39.53 | 1048 | MNJ  | 47.87 | 51.66   |
| 2.            | IZAGUIRRE GARIN, Ana    | 07 | Ordizia KEU        | 1:42.09 | 1003 |      | 49.43 | 52.66   |
| 3.            | SEVDEVA SEVDEVA, E.     | 09 | CN Tafalla         | 1:50.77 | 865  |      | 51.82 | 58.95   |
| 4.            | AVILA SURKOV, N.        | 07 | CN Red Mar Top-Ten | 1:51.47 | 855  |      | 52.76 | 58.71   |
| 5.            | NIEVA PALAZON, Carla    | 07 | CN Babel Alicante  | 1:51.67 | 853  |      | 53.28 | 58.39   |
| 6.            | CHICAPAR CALVO, Irene   | 10 | CADAS              | 1:52.14 | 846  |      | 54.11 | 58.03   |
| 7.            | LAZARO CALDERON, Isabel | 07 | CADAS              | 1:52.81 | 836  |      | 52.11 | 1:00.70 |
| Baja          | JULIAN ANDALUZ, Marta   | 08 | CADAS              |         |      |      |       |         |
| Senior        |                         |    |                    |         |      |      |       |         |
| 1.            | LACUNZA ELIZALDE, Irati | 96 | Igarondo U         | 1:30.89 | 954  |      | 42.92 | 47.97   |
| 2.            | ROMAN DIAZ, Marina      | 04 | CN Red Mar Top-Ten | 1:30.99 | 952  |      | 42.56 | 48.43   |
| 3.            | ECHEVERRIA ROMANO, L.   | 02 | CN Tafalla         | 1:36.50 | 855  |      | 44.29 | 52.21   |
| 4.            | VALLE VALLES, Nerea     | 03 | CE Mediterrani     | 1:44.28 | 736  |      | 48.23 | 56.05   |
| 5.            | LEON RUBIO, Julia       | 01 | CN Babel Alicante  | 1:44.62 | 731  |      | 50.42 | 54.20   |
| 6.            | BOFILL AVILA, Laia      | 06 | CE Mediterrani     | 1:51.92 | 634  |      | 52.21 | 59.71   |
| 7.            | CHUECA ALDUNATE, Sofia  | 98 | CN Tafalla         | 1:53.22 | 619  |      | 53.31 | 59.91   |
| 8.            | NIEVA PALAZON, Ariadna  | 05 | CN Babel Alicante  | 2:01.65 | 524  |      | 56.53 | 1:05.12 |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 8  
21/12/2024 - 17:16

Fem., 400m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación | AN                    |       | Tiempo              |                | Pts     | 100m  | 200m    | 300m    | 400m    |       |         |       |
|---------------|-----------------------|-------|---------------------|----------------|---------|-------|---------|---------|---------|-------|---------|-------|
| PreSenior     |                       |       |                     |                |         |       |         |         |         |       |         |       |
| 1.            | PORTERO SAEZ, M.      | 08    | CN Babel Alicante   | <b>3:45.22</b> | 884     | 52.99 | 57.66   | 57.90   | 56.67   |       |         |       |
|               | 50m:                  | 25.29 | 25.29               | 150m:          | 1:21.76 | 28.77 | 250m:   | 2:19.61 | 28.96   | 350m: | 3:17.40 | 28.85 |
|               | 100m:                 | 52.99 | 27.70               | 200m:          | 1:50.65 | 28.89 | 300m:   | 2:48.55 | 28.94   | 400m: | 3:45.22 | 27.82 |
| 2.            | ALVAREZ SHUKEROVA10   | 10    | CD I-Mas Torrevieja | <b>3:49.98</b> | 845     | 54.81 | 59.42   | 1:00.09 | 55.66   |       |         |       |
|               | 50m:                  | 25.90 | 25.90               | 150m:          | 1:24.14 | 29.33 | 250m:   | 2:24.19 | 29.96   | 350m: | 3:22.50 | 28.18 |
|               | 100m:                 | 54.81 | 28.91               | 200m:          | 1:54.23 | 30.09 | 300m:   | 2:54.32 | 30.13   | 400m: | 3:49.98 | 27.48 |
| 3.            | NAVARRO MOLINA, E.    | 09    | AD San Juan         | <b>3:52.94</b> | 822     | 54.92 | 59.55   | 1:00.42 | 58.05   |       |         |       |
|               | 50m:                  | 26.10 | 26.10               | 150m:          | 1:24.58 | 29.66 | 250m:   | 2:24.53 | 30.06   | 350m: | 3:24.73 | 29.84 |
|               | 100m:                 | 54.92 | 28.82               | 200m:          | 1:54.47 | 29.89 | 300m:   | 2:54.89 | 30.36   | 400m: | 3:52.94 | 28.21 |
| 4.            | CASTILLO FERRANDIZ,10 | 10    | CE Mediterrani      | <b>3:58.30</b> | 781     | 56.23 | 1:01.73 | 1:01.62 | 58.72   |       |         |       |
|               | 50m:                  | 26.23 | 26.23               | 150m:          | 1:27.17 | 30.94 | 250m:   | 2:28.69 | 30.73   | 350m: | 3:30.03 | 30.45 |
|               | 100m:                 | 56.23 | 30.00               | 200m:          | 1:57.96 | 30.79 | 300m:   | 2:59.58 | 30.89   | 400m: | 3:58.30 | 28.27 |
| 5.            | GASCON RUBIO, N.      | 10    | CADAS               | <b>4:04.05</b> | 739     | 58.76 | 1:03.85 | 1:02.55 | 58.89   |       |         |       |
|               | 50m:                  | 27.95 | 27.95               | 150m:          | 1:30.44 | 31.68 | 250m:   | 2:33.55 | 30.94   | 350m: | 3:35.11 | 29.95 |
|               | 100m:                 | 58.76 | 30.81               | 200m:          | 2:02.61 | 32.17 | 300m:   | 3:05.16 | 31.61   | 400m: | 4:04.05 | 28.94 |
| 6.            | VILLALOBOS COMPAIN08  | 08    | AD San Juan         | <b>4:08.62</b> | 707     | 58.56 | 1:04.40 | 1:04.98 | 1:00.68 |       |         |       |
|               | 50m:                  | 27.84 | 27.84               | 150m:          | 1:30.53 | 31.97 | 250m:   | 2:35.13 | 32.17   | 350m: | 3:39.11 | 31.17 |
|               | 100m:                 | 58.56 | 30.72               | 200m:          | 2:02.96 | 32.43 | 300m:   | 3:07.94 | 32.81   | 400m: | 4:08.62 | 29.51 |
| 7.            | MULERO PLANELL, A.    | 10    | CN L'Hospitalet     | <b>4:14.82</b> | 665     | 59.30 | 1:04.46 | 1:06.63 | 1:04.43 |       |         |       |
|               | 50m:                  | 28.29 | 28.29               | 150m:          | 1:31.35 | 32.05 | 250m:   | 2:37.28 | 33.52   | 350m: | 3:42.33 | 31.94 |
|               | 100m:                 | 59.30 | 31.01               | 200m:          | 2:03.76 | 32.41 | 300m:   | 3:10.39 | 33.11   | 400m: | 4:14.82 | 32.49 |

Senior

|                         |         |                    |                |         |         |         |         |         |       |         |       |
|-------------------------|---------|--------------------|----------------|---------|---------|---------|---------|---------|-------|---------|-------|
| 1. BAYES EZQUERRO, M.   | 04      | CE Mediterrani     | <b>3:28.43</b> | 943     | 49.60   | 53.38   | 53.71   | 51.74   |       |         |       |
| 50m:                    | 23.99   | 23.99              | 150m:          | 1:15.92 | 26.32   | 250m:   | 2:09.77 | 26.79   | 350m: | 3:03.26 | 26.57 |
| 100m:                   | 49.60   | 25.61              | 200m:          | 1:42.98 | 27.06   | 300m:   | 2:36.69 | 26.92   | 400m: | 3:28.43 | 25.17 |
| 2. OLIVER PALMON, L.    | 04      | CN Babel Alicante  | <b>3:45.28</b> | 797     | 53.93   | 57.54   | 58.54   | 55.27   |       |         |       |
| 50m:                    | 25.93   | 25.93              | 150m:          | 1:22.75 | 28.82   | 250m:   | 2:20.89 | 29.42   | 350m: | 3:18.65 | 28.64 |
| 100m:                   | 53.93   | 28.00              | 200m:          | 1:51.47 | 28.72   | 300m:   | 2:50.01 | 29.12   | 400m: | 3:45.28 | 26.63 |
| 3. GOMEZ RETA, Aroa     | 05      | CN Tafalla         | <b>3:45.78</b> | 793     | 53.38   | 57.33   | 58.05   | 57.02   |       |         |       |
| 50m:                    | 25.84   | 25.84              | 150m:          | 1:21.83 | 28.45   | 250m:   | 2:19.51 | 28.80   | 350m: | 3:17.89 | 29.13 |
| 100m:                   | 53.38   | 27.54              | 200m:          | 1:50.71 | 28.88   | 300m:   | 2:48.76 | 29.25   | 400m: | 3:45.78 | 27.89 |
| 4. ELOSEGI MADARIAGA,02 | 02      | Ordizia KEU        | <b>3:50.65</b> | 755     | 53.80   | 58.17   | 59.78   | 58.90   |       |         |       |
| 50m:                    | 25.89   | 25.89              | 150m:          | 1:22.51 | 28.71   | 250m:   | 2:21.40 | 29.43   | 350m: | 3:21.78 | 30.03 |
| 100m:                   | 53.80   | 27.91              | 200m:          | 1:51.97 | 29.46   | 300m:   | 2:51.75 | 30.35   | 400m: | 3:50.65 | 28.87 |
| 5. ALVAREZ BACETE, C.   | 06      | CN Red Mar Top-Ten | <b>4:03.96</b> | 660     | 54.29   | 1:01.36 | 1:03.81 | 1:04.50 |       |         |       |
| 50m:                    | 26.15   | 26.15              | 150m:          | 1:24.46 | 30.17   | 250m:   | 2:27.40 | 31.75   | 350m: | 3:31.84 | 32.38 |
| 100m:                   | 54.29   | 28.14              | 200m:          | 1:55.65 | 31.19   | 300m:   | 2:59.46 | 32.06   | 400m: | 4:03.96 | 32.12 |
| 6. LEON AZNAR, Uxue     | 03      | CN Tafalla         | <b>4:09.53</b> | 622     | 57.92   | 1:02.58 | 1:05.47 | 1:03.56 |       |         |       |
| 50m:                    | 27.60   | 27.60              | 150m:          | 1:28.73 | 30.81   | 250m:   | 2:33.38 | 32.88   | 350m: | 3:38.87 | 32.90 |
| 100m:                   | 57.92   | 30.32              | 200m:          | 2:00.50 | 31.77   | 300m:   | 3:05.97 | 32.59   | 400m: | 4:09.53 | 30.66 |
| 7. GOENAGA AMONARRIZ06  | 06      | Igarondo U         | <b>4:17.58</b> | 572     | 1:01.30 | 1:05.84 | 1:06.10 | 1:04.34 |       |         |       |
| 50m:                    | 28.82   | 28.82              | 150m:          | 1:34.26 | 32.96   | 250m:   | 2:40.34 | 33.20   | 350m: | 3:45.90 | 32.66 |
| 100m:                   | 1:01.30 | 32.48              | 200m:          | 2:07.14 | 32.88   | 300m:   | 3:13.24 | 32.90   | 400m: | 4:17.58 | 31.68 |
| 8. ROCHER CUJO, Marta   | 03      | CN L'Hospitalet    | <b>4:18.89</b> | 564     | 59.42   | 1:06.28 | 1:07.33 | 1:05.86 |       |         |       |
| 50m:                    | 28.28   | 28.28              | 150m:          | 1:32.35 | 32.93   | 250m:   | 2:39.24 | 33.54   | 350m: | 3:46.70 | 33.67 |
| 100m:                   | 59.42   | 31.14              | 200m:          | 2:05.70 | 33.35   | 300m:   | 3:13.03 | 33.79   | 400m: | 4:18.89 | 32.19 |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 9  
21/12/2024 - 17:42

Fem., 100m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                 | AN |                   | Tiempo       | Pts      |
|-------------------------------|----|-------------------|--------------|----------|
| PreSenior                     |    |                   |              |          |
| 1. CABELLO PEREZ, Alba        | 08 | CADAS             | <b>42.56</b> | 1026 REJ |
| 2. MUÑOZ LOZANO, Alejandra    | 08 | CD Delphis Cabra  | <b>44.72</b> | 928      |
| 3. MARTINEZ AVILA, Sara       | 07 | CN Babel Alicante | <b>44.93</b> | 919      |
| 4. HUARTE GONZALEZ, Anne      | 09 | AD San Juan       | <b>47.14</b> | 829      |
| 5. NAVARRO MOLINA, Emma       | 09 | AD San Juan       | <b>47.24</b> | 825      |
| 6. MACHIN MARTIN, Jimena      | 08 | CDN Morelia       | <b>48.61</b> | 774      |
| 7. PALA PONS, Aina            | 09 | AC Xaloc          | <b>50.47</b> | 709      |
| 8. VILLALOBOS COMPAINS, Izadi | 08 | AD San Juan       | <b>51.59</b> | 672      |

Senior

|                              |    |                    |              |     |
|------------------------------|----|--------------------|--------------|-----|
| 1. GONZALEZ FERNANDES, Ane   | 02 | Ordizia KEU        | <b>42.96</b> | 941 |
| 2. VIDAL BERNAL, Marina      | 05 | CN Babel Alicante  | <b>45.33</b> | 839 |
| 3. IZAGUIRRE LARBURU, Haizea | 06 | Igarondo U         | <b>45.67</b> | 826 |
| 4. LEON AZNAR, Uxue          | 03 | CN Tafalla         | <b>50.32</b> | 657 |
| 5. SANTANO PEREZ, Celia      | 06 | CN Red Mar Top-Ten | <b>50.43</b> | 653 |
| 6. SARNAGO GOÑI, Angela      | 06 | CN Tafalla         | <b>51.22</b> | 628 |
| 7. MOUSSI, Yackeline         | 04 | CN Red Mar Top-Ten | <b>52.60</b> | 585 |
| DSQ REQUEJO RUIZ, Ainoa      | 04 | CN L'Hospitalet    |              |     |

8.1.2.3.f - Adelanto/movimiento antes de la salida





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 10  
21/12/2024 - 17:51

Fem., 200m Bi-Aletas

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación | AN                             |    |                     | Tiempo  | Pts  |     | 100m    | 200m    |
|---------------|--------------------------------|----|---------------------|---------|------|-----|---------|---------|
| PreSenior     |                                |    |                     |         |      |     |         |         |
| 1.            | ANTON ALZAMORA, Maria          | 08 | CN Red Mar Top-Ten  | 1:53.80 | 975  |     | 54.70   | 59.10   |
|               | <i>Najade Speed</i>            |    |                     |         |      |     |         |         |
| 2.            | ESPINOZA TRUJILLO, A.          | 09 | CE Mediterrani      | 1:56.31 | 932  |     | 55.18   | 1:01.13 |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |
| 3.            | SANZ FERNANDEZ, Julieta        | 09 | CN Babel Alicante   | 1:59.00 | 888  |     | 56.66   | 1:02.34 |
|               | <i>Najade Sprint</i>           |    |                     |         |      |     |         |         |
| 4.            | IRISARRI SALABERRI, Afrika     | 08 | CN Tafalla          | 2:00.12 | 871  |     | 57.30   | 1:02.82 |
|               | <i>Najade Speed</i>            |    |                     |         |      |     |         |         |
| 5.            | ANDRES SOUTO, Aldara           | 07 | CAA Baixo Miño      | 2:00.75 | 861  |     | 56.07   | 1:04.68 |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |
| 6.            | URS, Denisa Maria              | 10 | PS Water Benidorm   | 2:01.27 | 853  |     | 57.17   | 1:04.10 |
|               | <i>Najade Sprint</i>           |    |                     |         |      |     |         |         |
| 7.            | SOJO SERRAT, Rocio             | 07 | CE Mediterrani      | 2:02.35 | 837  |     | 57.92   | 1:04.43 |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |
| 8.            | ALVAREZ DE ARCAYA KIKEE\09, H. |    | CD I-Mas Torrevieja | 2:02.63 | 832  |     | 58.06   | 1:04.57 |
|               | <i>Najade Speed400</i>         |    |                     |         |      |     |         |         |
| Senior        |                                |    |                     |         |      |     |         |         |
| 1.            | ZUFIAURRE AYERRA, Irati        | 05 | CN Tafalla          | 1:49.73 | 1023 | RES | 53.03   | 56.70   |
|               | <i>Najade Speed</i>            |    |                     |         |      |     |         |         |
| 2.            | OROZ IZU, Claudia              | 02 | AD San Juan         | 1:54.15 | 945  |     | 54.72   | 59.43   |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |
| 3.            | LAUGE DOMENECH, Laura          | 06 | CE Mediterrani      | 1:55.75 | 918  |     | 56.09   | 59.66   |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |
| 4.            | FARGAS MEXIA, Sonia            | 98 | CE Mediterrani      | 1:56.33 | 908  |     | 55.83   | 1:00.50 |
|               | <i>PowerFins Soft</i>          |    |                     |         |      |     |         |         |
| 5.            | CALBO ESPARZA, Raquel          | 05 | CE Mediterrani      | 1:59.94 | 851  |     | 57.71   | 1:02.23 |
|               | <i>Najade Sprint</i>           |    |                     |         |      |     |         |         |
| 6.            | MUGICA LEKUONA, Naiara         | 01 | CN Tafalla          | 2:01.65 | 825  |     | 58.64   | 1:03.01 |
|               | <i>Najade Speed</i>            |    |                     |         |      |     |         |         |
| 7.            | LOPEZ SANCHEZ, Ana             | 05 | AC Xaloc            | 2:06.19 | 759  |     | 57.84   | 1:08.35 |
|               | <i>Najade Speed</i>            |    |                     |         |      |     |         |         |
| 8.            | VEHILS IGLESIAS, Meritxell     | 05 | AC Xaloc            | 2:09.74 | 711  |     | 1:02.81 | 1:06.93 |
|               | <i>PowerFins Medium</i>        |    |                     |         |      |     |         |         |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



3 - Domingo, 22 de Diciembre de 2024

22/12/2024 - 10:00

Prueba 11

Fem., 100m Inmersión

Absoluto

22/12/2024 - 10:00

Resultados

Puntos: FEDAS 2024

| Clasificación                  | AN |                    | Tiempo       | Pts |
|--------------------------------|----|--------------------|--------------|-----|
| PreSenior                      |    |                    |              |     |
| 1. MARTINEZ AVILA, Sara        | 07 | CN Babel Alicante  | <b>43.57</b> | 926 |
| 2. SERRANO TORREGROSA, Emma    | 07 | CN Red Mar Top-Ten | <b>43.69</b> | 922 |
| 3. IZAGUIRRE GARIN, Ana        | 07 | Ordizia KEU        | <b>46.30</b> | 827 |
| 4. SEVDEVA SEVDEVA, E.         | 09 | CN Tafalla         | <b>47.10</b> | 800 |
| 5. LAZARO CALDERON, Isabel     | 07 | CADAS              | <b>47.12</b> | 800 |
| 6. CHICAPAR CALVO, Irene       | 10 | CADAS              | <b>48.54</b> | 754 |
| 7. NIEVA PALAZON, Carla        | 07 | CN Babel Alicante  | <b>51.15</b> | 677 |
| DSQ HERASYMCHUK BON, Anastasia | 08 | CN Babel Alicante  |              |     |

8.1.2.3.f - Adelanto/movimiento antes de la salida

Senior

|                              |    |                    |              |     |
|------------------------------|----|--------------------|--------------|-----|
| 1. ROMAN DIAZ, Marina        | 04 | CN Red Mar Top-Ten | <b>40.27</b> | 968 |
| 2. LACUNZA ELIZALDE, Irati   | 96 | Igarondo U         | <b>41.42</b> | 920 |
| 3. ECHEVERRIA ROMANO, Lorena | 02 | CN Tafalla         | <b>42.81</b> | 865 |
| 4. BOFILL AVILA, Laia        | 06 | CE Mediterrani     | <b>44.36</b> | 809 |
| 5. VALLE VALLES, Nerea       | 03 | CE Mediterrani     | <b>46.77</b> | 728 |
| 6. ROCHER CUJO, Laia         | 99 | CN L'Hospitalet    | <b>48.66</b> | 670 |
| 7. LEON RUBIO, Julia         | 01 | CN Babel Alicante  | <b>49.07</b> | 658 |
| 8. CHUECA ALDUNATE, Sofia    | 98 | CN Tafalla         | <b>49.85</b> | 636 |





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA  
Zaragoza, 21 y 22 de diciembre de 2024



Prueba 12  
22/12/2024 - 10:12

Fem., 1500m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                    | AN                    | Tiempo                  | Pts                     |
|----------------------------------|-----------------------|-------------------------|-------------------------|
| PreSenior                        |                       |                         |                         |
| 1. QUESADA BERNABE, Nora         | 07 CE Mediterrani     | 15:53.76                | 804                     |
| 100m: 58.25 58.25                | 500m: 5:11.87 1:03.89 | 900m: 9:29.58 1:04.64   | 1300m: 13:46.75 1:04.13 |
| 200m: 2:00.68 1:02.43            | 600m: 6:16.47 1:04.60 | 1000m: 10:34.14 1:04.56 | 1400m: 14:50.64 1:03.89 |
| 300m: 3:04.02 1:03.34            | 700m: 7:20.73 1:04.26 | 1100m: 11:38.21 1:04.07 | 1500m: 15:53.76 1:03.12 |
| 400m: 4:07.98 1:03.96            | 800m: 8:24.94 1:04.21 | 1200m: 12:42.62 1:04.41 |                         |
| 2. AVILA SURKOV, Naiara Patricia | 07 CN Red Mar Top-Ten | 16:07.05                | 779                     |
| 100m: 59.51 59.51                | 500m: 5:15.25 1:04.55 | 900m: 9:40.49 1:04.83   | 1300m: 14:04.58 1:05.66 |
| 200m: 2:01.46 1:01.95            | 600m: 6:22.53 1:07.28 | 1000m: 10:46.49 1:06.00 | 1400m: 15:08.48 1:03.90 |
| 300m: 3:05.64 1:04.18            | 700m: 7:28.67 1:06.14 | 1100m: 11:53.10 1:06.61 | 1500m: 16:07.05 58.57   |
| 400m: 4:10.70 1:05.06            | 800m: 8:35.66 1:06.99 | 1200m: 12:58.92 1:05.82 |                         |
| DNF PORTERO SAEZ, Mariola        | 08 CN Babel Alicante  |                         |                         |
| 100m: 59.58 59.58                | 500m: 5:19.75 39.57   | 900m:                   | 1300m:                  |
| 200m: 2:24.27 1:24.69            | 600m:                 | 1000m:                  | 1400m:                  |
| 300m: 3:37.67 1:13.40            | 700m:                 | 1100m:                  | 1500m:                  |
| 400m: 4:40.18 1:02.51            | 800m:                 | 1200m:                  |                         |
| Senior                           |                       |                         |                         |
| 1. OLIVER PALMON, Lourdes        | 04 CN Babel Alicante  | 15:16.34                | 816                     |
| 100m: 56.73 56.73                | 500m: 5:02.63 1:01.75 | 900m: 9:10.12 1:01.95   | 1300m: 13:17.92 1:02.25 |
| 200m: 1:58.14 1:01.41            | 600m: 6:04.32 1:01.69 | 1000m: 10:11.71 1:01.59 | 1400m: 14:18.68 1:00.76 |
| 300m: 2:59.34 1:01.20            | 700m: 7:06.42 1:02.10 | 1100m: 11:13.44 1:01.73 | 1500m: 15:16.34 57.66   |
| 400m: 4:00.88 1:01.54            | 800m: 8:08.17 1:01.75 | 1200m: 12:15.67 1:02.23 |                         |
| 2. ELOSEGI MADARIAGA, Graxi      | 02 Ordizia KEU        | 15:54.68                | 743                     |
| 100m: 58.52 58.52                | 500m: 5:11.48 1:04.02 | 900m: 9:28.13 1:04.50   | 1300m: 13:47.09 1:05.18 |
| 200m: 2:01.21 1:02.69            | 600m: 6:15.98 1:04.50 | 1000m: 10:32.45 1:04.32 | 1400m: 14:51.58 1:04.49 |
| 300m: 3:04.26 1:03.05            | 700m: 7:19.14 1:03.16 | 1100m: 11:36.88 1:04.43 | 1500m: 15:54.68 1:03.10 |
| 400m: 4:07.46 1:03.20            | 800m: 8:23.63 1:04.49 | 1200m: 12:41.91 1:05.03 |                         |







III COPA FEMENINA IBERDROLA  
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INDIVIDUAL - ABSOLUTA

Zaragoza, 21 y 22 de diciembre de 2024



Prueba 13  
22/12/2024 - 11:09

Fem., 50m Superficie

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                  | AN |                     | Tiempo       | Pts      |
|--------------------------------|----|---------------------|--------------|----------|
| PreSenior                      |    |                     |              |          |
| 1. CABELLO PEREZ, Alba         | 08 | CADAS               | <b>19.54</b> | 1003 REJ |
| 2. SERRANO TORREGROSA, Emma    | 07 | CN Red Mar Top-Ten  | <b>20.47</b> | 912      |
| 3. ALVAREZ SHUKEROVA, Gabriela | 10 | CD I-Mas Torrevieja | <b>20.91</b> | 871      |
| 4. HUARTE GONZALEZ, Anne       | 09 | AD San Juan         | <b>21.49</b> | 821      |
| 5. GASCON RUBIO, Nerea         | 10 | CADAS               | <b>21.67</b> | 806      |
| 6. CABELLO LOPEZ, Rut          | 08 | CADAS               | <b>22.41</b> | 746      |
| 7. MACHIN MARTIN, Jimena       | 08 | CDN Morelia         | <b>22.46</b> | 742      |
| 8. PALA PONS, Aina             | 09 | AC Xaloc            | <b>22.50</b> | 739      |
| Senior                         |    |                     |              |          |
| 1. GONZALEZ FERNANDES, Ane     | 02 | Ordizia KEU         | <b>19.45</b> | 943      |
| 2. BAYES EZQUERRO, Mireia      | 04 | CE Mediterrani      | <b>19.66</b> | 922      |
| 3. VIDAL BERNAL, Marina        | 05 | CN Babel Alicante   | <b>20.76</b> | 820      |
| 4. SARNAGO GOÑI, Angela        | 06 | CN Tafalla          | <b>21.59</b> | 750      |
| 5. SANTANO PEREZ, Celia        | 06 | CN Red Mar Top-Ten  | <b>21.76</b> | 737      |
| 6. ROCHER CUJO, Laia           | 99 | CN L'Hospitalet     | <b>22.23</b> | 700      |
| 7. NDIAYE NDIAYE, Amie         | 05 | CN Tafalla          | <b>23.38</b> | 616      |
| DSQ RESA SORET, Natalia Carmen | 01 | CN Tafalla          |              |          |

8.1.2.3.f - Adelanto/movimiento antes de la salida





III COPA FEMENINA IBERDROLA  
DE NATACIÓN CON ALETAS Y VELOCIDAD EN INMERSIÓN  
INDIVIDUAL - ABSOLUTA

Zaragoza, 21 y 22 de diciembre de 2024



Prueba 14  
22/12/2024 - 11:16

Fem., 100m Bi-Aletas

Absoluto  
Resultados

Puntos: FEDAS 2024

| Clasificación                     | AN |                     | Tiempo       | Pts |
|-----------------------------------|----|---------------------|--------------|-----|
| PreSenior                         |    |                     |              |     |
| 1. ESPINOZA TRUJILLO, Alessandra  | 09 | CE Mediterrani      | <b>52.14</b> | 938 |
| PowerFins Medium                  |    |                     |              |     |
| 2. ANTON ALZAMORA, Maria          | 08 | CN Red Mar Top-Ten  | <b>52.38</b> | 929 |
| Najade Speed                      |    |                     |              |     |
| 3. ANDRES SOUTO, Aldara           | 07 | CAA Baixo Miño      | <b>52.56</b> | 923 |
| PowerFins Medium                  |    |                     |              |     |
| 4. MUÑOZ LOZANO, Alejandra        | 08 | CD Delphis Cabra    | <b>53.03</b> | 906 |
| Najade Speed                      |    |                     |              |     |
| 5. SANZ FERNANDEZ, Julieta        | 09 | CN Babel Alicante   | <b>53.22</b> | 899 |
| PowerFins Medium                  |    |                     |              |     |
| 6. URS, Denisa Maria              | 10 | PS Water Benidorm   | <b>53.88</b> | 876 |
| Najade Sprint                     |    |                     |              |     |
| 7. ALVAREZ DE ARCAJA KIKEEVA, H09 |    | CD I-Mas Torrevieja | <b>54.03</b> | 870 |
| Najade Speed400                   |    |                     |              |     |
| 8. EFANOVA, Nicolly               | 09 | CD I-Mas Torrevieja | <b>54.58</b> | 851 |
| PowerFins Soft                    |    |                     |              |     |
| Senior                            |    |                     |              |     |
| 1. ZUFIAURRE AYERRA, Irati        | 05 | CN Tafalla          | <b>50.26</b> | 946 |
| Najade Speed                      |    |                     |              |     |
| 2. LAUGE DOMENECH, Laura          | 06 | CE Mediterrani      | <b>50.80</b> | 925 |
| PowerFins Soft                    |    |                     |              |     |
| 3. OROZ IZU, Claudia              | 02 | AD San Juan         | <b>52.16</b> | 875 |
| PowerFins Medium                  |    |                     |              |     |
| 4. RESA SORET, Natalia Carmen     | 01 | CN Tafalla          | <b>53.94</b> | 813 |
| Najade Sprint                     |    |                     |              |     |
| 5. LOPEZ SANCHEZ, Ana             | 05 | AC Xaloc            | <b>54.47</b> | 795 |
| Najade Sprint                     |    |                     |              |     |
| 6. MARTINEZ PAESA, Sonia          | 02 | CADAS               | <b>55.66</b> | 757 |
| PowerFins Soft                    |    |                     |              |     |
| 7. CANDELA MARTINEZ, Maria        | 02 | CN Babel Alicante   | <b>56.34</b> | 736 |
| Najade Sprint                     |    |                     |              |     |
| 8. VEHILS IGLESIAS, Meritxell     | 05 | AC Xaloc            | <b>57.25</b> | 708 |
| PowerFins Medium                  |    |                     |              |     |

